Université Paris-Saclay

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L1 Portail STAPS

Licence (Undergraduate programme)

Specialisations STAPS-Entraînement sportif | STAPS-Activité Physique Adaptée-Santé | STAPS-Education et Motricité | STAPS-Management du Sport

Language(s) of instruction

French

Télécharger la fiche détaillée

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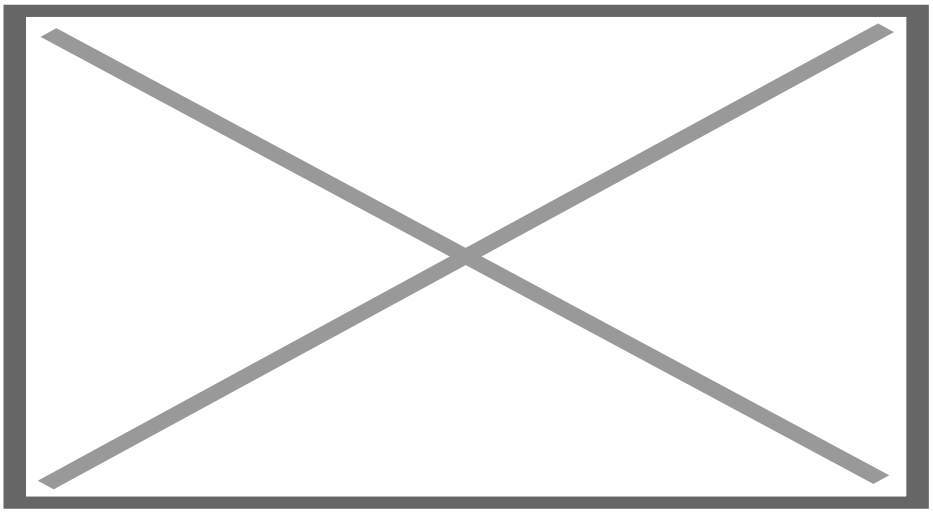

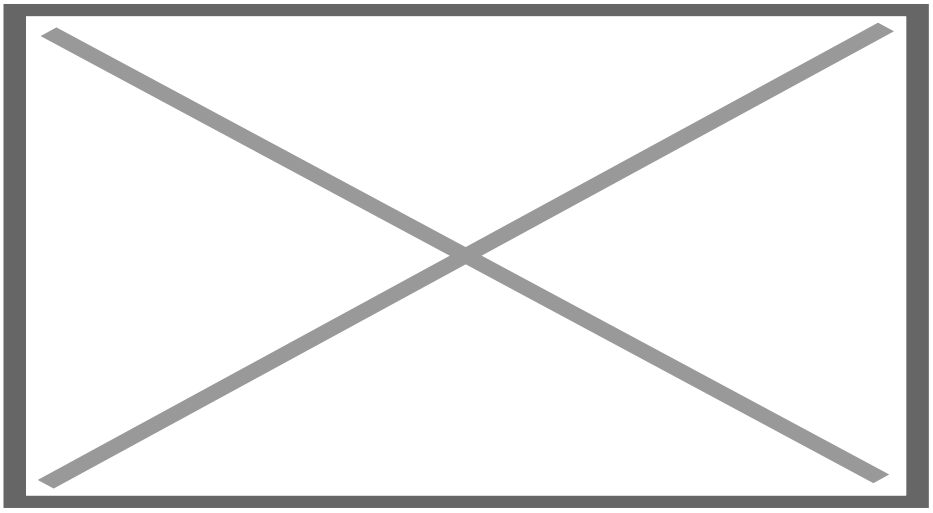

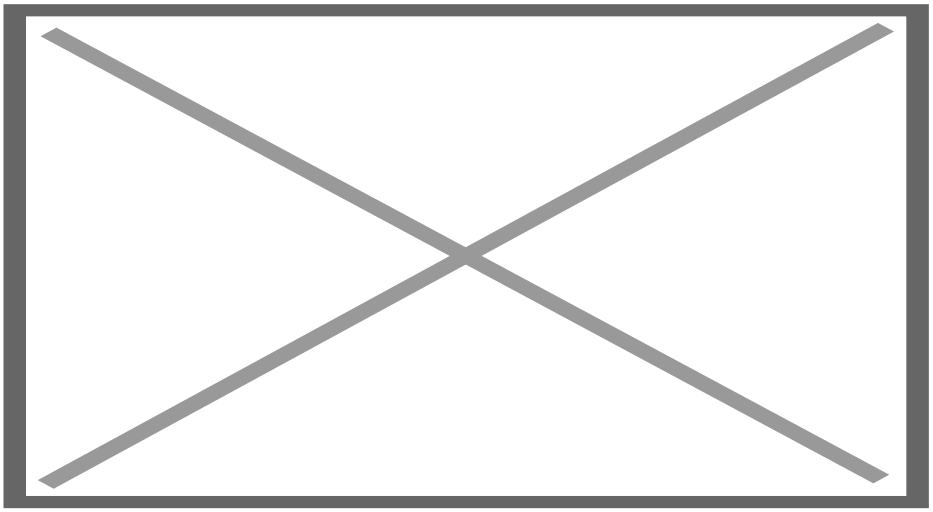

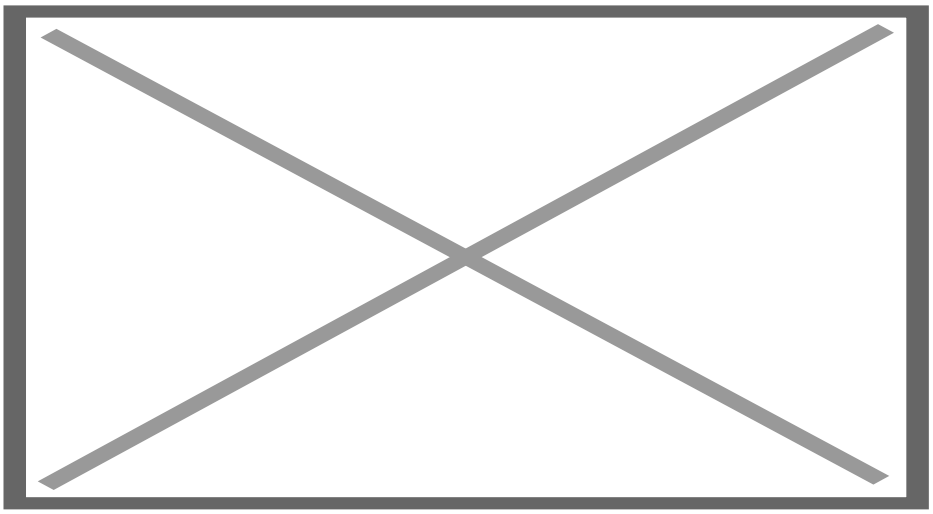

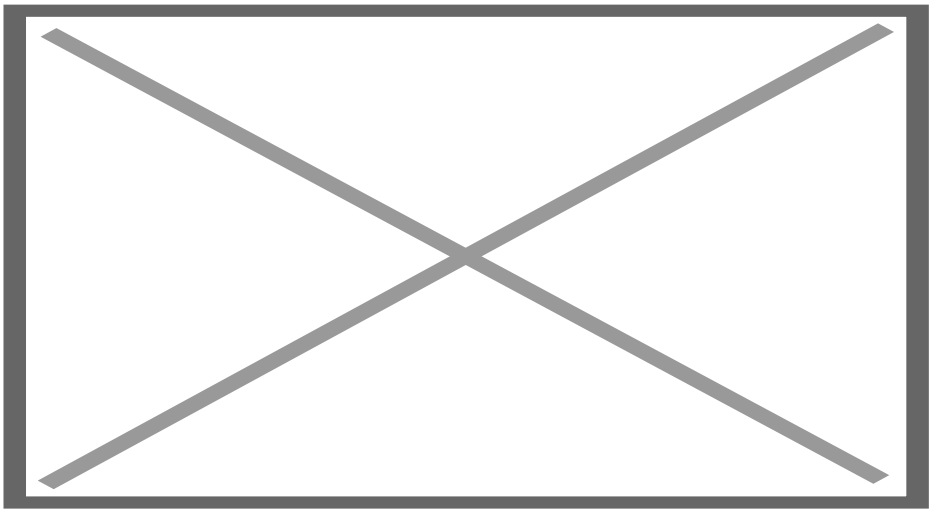

Information

- Application requirements
- Schedule

Admission

Capacity

Available Places

340

Période(s) de candidature

ParcourSup Platform

From January 19th to March 12th, 2026

Programme

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class	d le
Sciences biologiques du corps en mouvement : NAP 1	8	Semestre 1	34.5	19.5					
Charger le détail									
Psychologie et Neurosciences cognitives 1	5	Semestre 1	21.5	16.5					
Charger le détail									
Sciences sociales et APSA 1	4	Semestre 1	13.5	13.5					
Charger le détail									

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class	dis lea c
Spécialité Sportive : le pratiquant 1	6	Semestre 1		44					
Charger le détail									
Polyvalences Sportives S1	6	Semestre 1		60					
Charger le détail									

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class	d le

Sciences biologiques du corps en mouvement : BAP 2	8	Semestre 2	40.5	33
Charger le détail				
Psychologie et Neurosciences cognitives 2	5	Semestre 2	19.5	24
Charger le détail				
Sciences sociales et APSA 2	6	Semestre 2	20	37
Charger le détail				

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class	dis lea c
Spécialité sportive : Le pratiquant 2	6	Semestre 2		44					
Charger le détail									
Polyvalences Sportives S2	6	Semestre 2		60					
Charger le détail									

Contact

- **Marion CHESTIER**

http://www.jm.universite-paris-saclay.fr/formation/licence/staps-entrainement-sportif/l1-portail-staps